

# MEDICAL HISTORY FORM

## For your information:

An accurate health history is important to ensure that it is safe for you to receive a massage treatment. If your health status changes in the future, please let me know. All information gathered for this session is confidential except as required or allowed by law or except to facilitate diagnosis (assessment) or treatment. You will be asked for written authorization for release of any information. Please complete both sides of this form.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Tel Res: \_\_\_\_\_

City: \_\_\_\_\_ PC: \_\_\_\_\_ Tel Bus: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_ What is your primary complaint? \_\_\_\_\_

Who referred you? \_\_\_\_\_ Their address? \_\_\_\_\_

## Health History Please indicate conditions you are experiencing, or have experienced.

### Respiratory

- Chronic cough
- Shortness of breath
- Bronchitis
- Asthma
- Emphysema

### Cardiovascular

- High blood pressure
- Low blood pressure
- CCHF
- Heart attack
- Phlebitis
- Stroke/CVA
- Pacemaker or similar device

### Skin

- Skin conditions

### Other Conditions

- Loss of sensation
- Diabetes (onset: \_\_\_\_\_ )
- Allergies (eg anaphylaxis) or skin irritation
- Epilepsy
- Cancer
- Arthritis

### Head/Neck

- Vision problems
- Vision loss
- Ear problems
- Hearing loss

### Infections

- Hepatitis
- Skin conditions
- TB
- HIV

### Women

- Pregnant (due: \_\_\_\_\_ )

### Soft Tissue Discomfort and Its Nature

- Neck \_\_\_\_\_
- Low back \_\_\_\_\_
- Mid back \_\_\_\_\_
- Upper back \_\_\_\_\_
- Shoulders \_\_\_\_\_
- Arms \_\_\_\_\_
- Legs \_\_\_\_\_
- Knees \_\_\_\_\_
- Other \_\_\_\_\_

What is your general health status?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Medication: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Condition it treats: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Surgery: \_\_\_\_\_ Date: \_\_\_\_\_ Present involvement in other Health Care: (eg Chiropractor)

Nature: \_\_\_\_\_  Yes  No

Injury: \_\_\_\_\_ Date: \_\_\_\_\_ If Yes, please specify: \_\_\_\_\_

Nature: \_\_\_\_\_

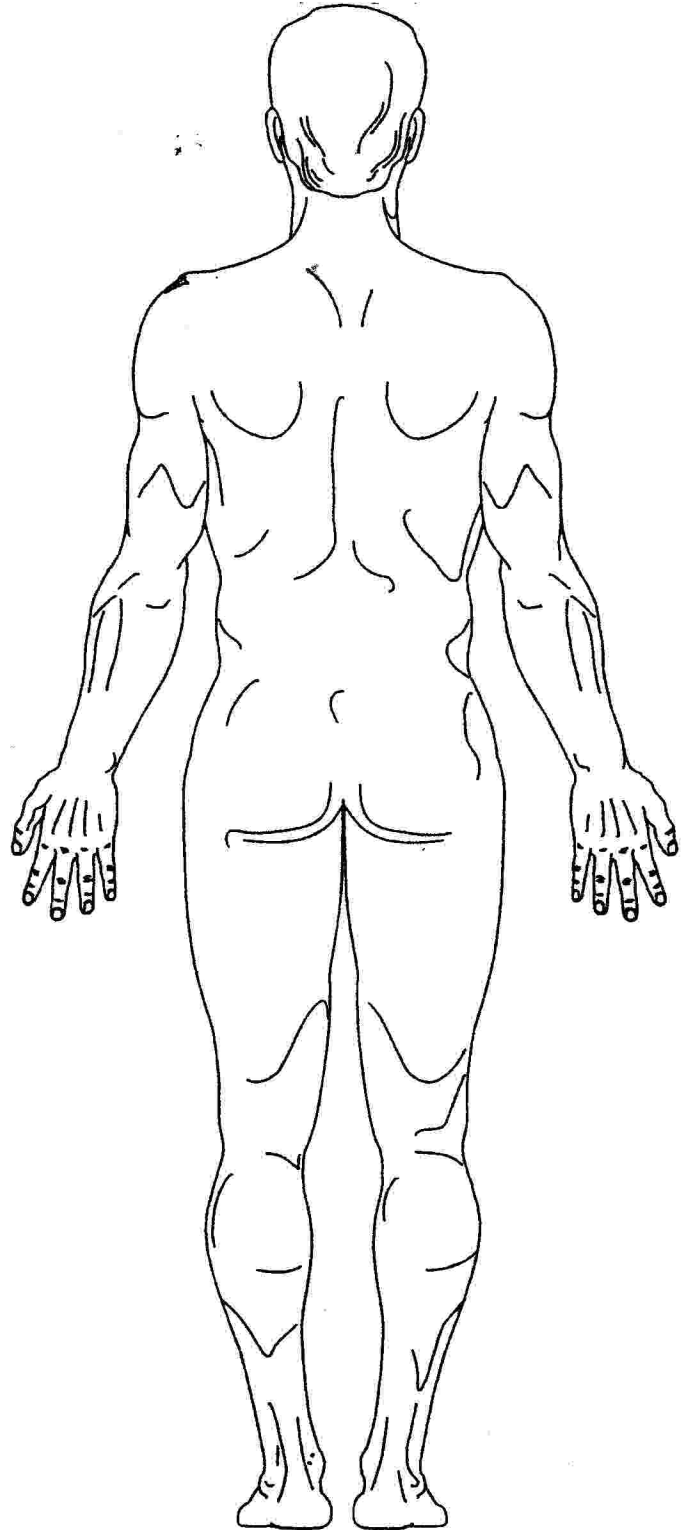
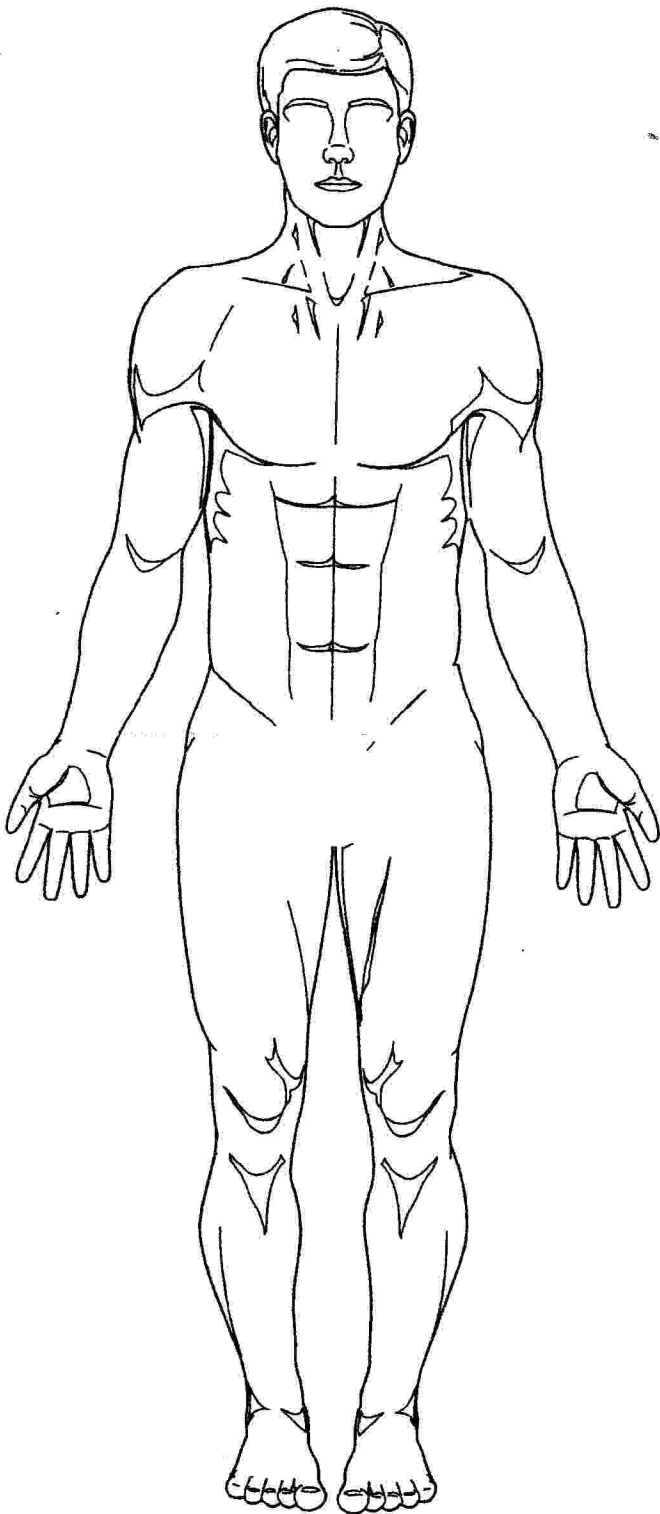
Other Medical Conditions: (eg digestive conditions, gynaecological conditions, hemophilla, etc)

Of Special Note: (presence of internal pins, wires, artificial joints, special equipment)

This form is recognized by the College of Massage Therapists of Ontario to contain the elements necessary to ensure compliance with the Standards of Practice, 1996.

# MEDICAL HISTORY FORM

Please shade in the areas where you feel pain or discomfort and colour in the areas where you feel pain.



I declare that the information on this Medical History Form is true to the best of my knowledge.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_